

# Taoist Shrine

## Maps path for transformation

**A new Taoist shrine that symbolizes the process of spiritual development for better health will be the focus of a celebration on Saturday 23 November.**

Taoism is a rich tradition of teachings dating back up to five thousand years. Along with Buddhism and Confucianism, it is traditionally recognized as one of the Three Religions of China, all of which are observed by the Fung Loy Kok Institute of Taoism.

Taoism is a path to ultimate transformation, leading us to harmony within ourselves, with those around us, and with the entire world. What we believe or where we come from is not important. Rather, what we do and who we are is the focus of Taoism. For this reason, although Taoism is one of the great religions of the world, people from any religious tradition or those without religious belief are welcome and can fully participate in a community of Taoist cultivation.

Taoist training is intended to return both body and mind to our original nature. According to Taoist teachings body and mind cannot be separated. Each step in the training is intended to help the mind return to stillness, clarity and wisdom, and the body to a balanced, relaxed and healthy state.

Taoism teaches that to return to our original nature is to help others. Taoism teaches that service to others allows us to relieve our minds of agitation caused by attachment to gain and loss and to our own narrow perspectives. Over time, as our minds become clearer and our bodies become healthier, we become ever more able to practise compassion

towards others and be helpful to those in the world around us. In the end, the meaning of life is to help others.

The new shrine is located at the headquarters of the Taoist Tai Chi Society of Australia, at 52 Railway Parade, Bayswater.



Altar components symbolise process of transformation

Distinguished speakers at the opening ceremony on Saturday will include:

- Mrs Oriel Green, Aboriginal elder
- The Honourable Dr Mike Nahan MLA, Minister for Energy; Finance; Citizenship and Multicultural Interests
- Ms Alannah MacTiernan, MHR for Perth
- Councillor Sylvan Albert, Mayor of Bayswater
- Mr Sammy Yap, Chung Wah Association
- Mr Jim Nicholson, of the Fung Loy Kok Institute of Taoism (Canada)

Participants will enjoy a special Taoist vegetarian lunch as part of the event.

The Taoist Tai Chi Society of Australia Inc (TTCSA) began in Fremantle in 1980, and is part of the International Taoist Tai Chi Society founded by Master Moy Lin-shin (1931 – 1998) in Canada in 1970.

The mission of this charitable organization is to cultivate physical, mental and spiritual health in the community by making the Taoist Tai Chi™ internal arts of health, such as tai chi, chanting and meditation, available to all. Membership of the Society is open to people of all faiths.

Master Moy Lin-shin's teachings were developed as a way to recover the linkage between tai chi and Taoist 'dual cultivation' training of body, mind and spirit. This synthesis offers a unique method for the physical, spiritual, ethical and social training of the whole person.

The Society offers regular classes for its members, and also offers special 'health recovery' classes for people with particular health or mobility problems that may prohibit them from participating in a regular class.

**Find out more about us at**  
[www.taoist.org.au](http://www.taoist.org.au)  
[www.facebook.com/taoistaichiaustralia](https://www.facebook.com/taoistaichiaustralia)  
[www.taoist.org](http://www.taoist.org) (international web site)  
[www.thetigersmouth.org](http://www.thetigersmouth.org) (blog)



Chanting at the shrine

*"Taoism is a path to ultimate transformation, leading us to harmony within ourselves, with those around us, and with the entire world."*

## Invitation to Celebrate



Ms Marsha Eberhardt, *President of the Fung Loy Kok Institute of Taoism*,  
 Dr Karen Laughlin, *President of the International Taoist Tai Chi Society*,  
 and Ms Elisabeth Clevers-Schatten, *President of the Taoist Tai Chi Society of Australia*  
 cordially invite you to join us in celebrating

TAOIST SHRINE

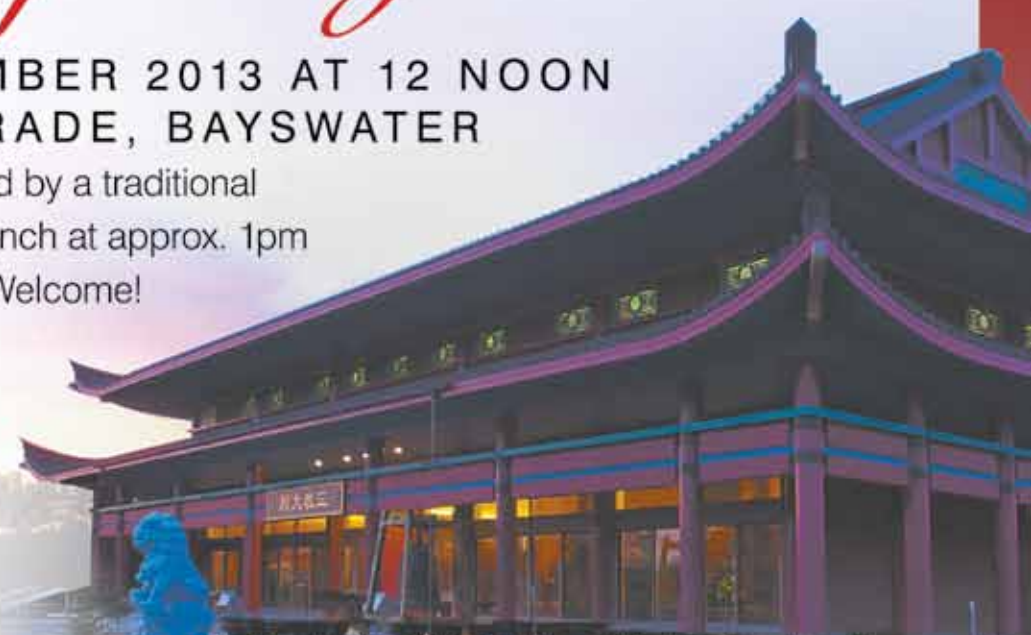
# Grand Opening

SATURDAY 23 NOVEMBER 2013 AT 12 NOON  
 52 RAILWAY PARADE, BAYSWATER

to be followed by a traditional  
 Jai vegetarian lunch at approx. 1pm

• All Welcome!

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 PHONE 08 9371 7033  
 EMAIL [australia@taoist.org](mailto:australia@taoist.org)



The Temple of the Three Religions at the headquarters of the Fung Loy Kok Institute of Taoism, near Toronto, Canada