The Taoist Tradition: Some Starting Points for Reading

Everything we teach in the International Taoist Tai Chi Society provides instruction in Taoism. However, in response to inquiries about suitable reading materials on the topic of Taoism, the following reading list was developed. The list includes reference to various translations of Taoist classics, as well as some key Confucian and Buddhist works, in keeping with the Fung Loy Kok Institute of Taoism’s three-religions heritage. This is not a list of “recommended reading” in any formal sense. It merely offers some starting points for those interested. However, the items asterisked (*) are recommended texts if people wish to read. Importantly, we do not recommend trying to learn Taoist Tai Chi® internal arts and methods from books; proper in-person guidance from an instructor is needed. For details about programs offered by the Fung Loy Kok Institute of Taoism and the International Taoist Tai Chi Society, visit www.taoist.org. (ver. 1.2, 2012-02-15)

A. PRIMARY SOURCES

   Daode jing. Trans. by Charles Muller, http://www.acmuller.net/con-dao/daodejing.html
   Tao Te King. http://home.pages.at/onkellotus
   Versions in many languages, includes English.


5. The Diamond Sutra. Trans. by Charles Muller, http://www.acmuller.net/digitexts.html#div-1


B. SECONDARY SOURCES: INTRODUCTIONS, GUIDES AND WEB RESOURCES


5. Fung Ying Seen Koon Daoist Culture and Information Centre (Hong Kong): http://en.daoinfo.org/wiki/Main_Page